

COMMUNITY EVENTS

JANUARY 2020



All events listed are supported by Ageing Better in Birmingham LGBT Hub

promoting wellbeing in the LGBT community

Groups are listed in alphabetical order, overleaf.

Monday	Tuesday	Weds	Thursday	Friday	Saturday	Sunday
		1 3pm Proud Baggies	2 6pm Roll-Out 6.30pm LGBT Line Dancing	3 11am Positive West Midlands 6.30pm Brum Bi Group	4 1pm Birmingham Lgbtq+ Writers 2pm InteGreat Theatre	5 3pm Rainbow Pooch Pride 5pm Illuminate
6 11 Bards & Books 11am Positive West Midlands 6.30pm Trans Central	7 11am Rainbow Bridge 7.30pm Journey Film Club	8	9 12.30pm Rainbow Bridge 6.30pm LGBT Line Dancing 7.30pm BGLAD	10 11am Positive West Midlands 1.30pm ALBA	11 11am InteGreat Theatre	12 11am InteGreat Theatre 11.30am Boot Women 1pm Rainbow Pooch Pride 5pm Illuminate
13 11am Positive West Midlands	14 11am Rainbow Bridge <i>5pm LBO+ Women's Focus Group</i> 7pm Brum Bi Group	15 6.30pm I Remember When 7pm Sutton Rainbow Social	16 12.30pm Rainbow Bridge 6pm Roll-Out 6.30pm LGBT Line Dancing 7pm Acting Out	17 11am Positive West Midlands 12.30pm Journey Asylum Seekers Group 6.30pm Brum Bi Group 8pm Pool & Karaoke	18 3pm Proud Baggies 4pm Rainbow Spirit <i>7.30pm InteGreat Theatre</i>	19 <i>12pm Death & Dying focus group</i> <i>2.30pm InteGreat Theatre</i> 5pm Illuminate
20 <i>InteGreat Theatre</i> 11am Positive West Midlands 6.30pm TranSpectrum	21 11am Rainbow Bridge 7pm Journey Film Club	22	23 12.30pm Rainbow Bridge 6.30pm LGBT Line Dancing 7pm Acting Out 7.30pm BGLAD	24 10.30am Ageing Better LGBT Housing Group 11am Positive West Midlands <i>6pm LBO+ Women's Focus Group</i>	25	26 12pm Brum Bi Group 1pm Rainbow Pooch Pride 5pm Illuminate
27 11am Positive West Midlands	28 11am Rainbow Bridge	29	30 12.30pm Rainbow Bridge 6.30pm LGBT Line Dancing 7pm Acting Out	31 11am Positive West Midlands		

FEATURED EVENTS



InteGreat Theatre: Jack & the 3 Panto Lands

Saturday 18th January, 7.30pm (adults only)

Sunday 19th January, 2.30pm (child-friendly)

Midlands Arts Centre, Cannon Hill Park, Birmingham B12 9QH

Tickets £7 adults, £4 children

Falling on hard times and forced to sell his prized cow, Jack adventures above the clouds searching for a way to save his family. Not finding your average beanstalk land, Jack finds himself the hero in the stories of Goldilocks, Snow White and Cinderella instead. Fighting villains and time itself, can Jack save his new friends and his family?

Come along, join in, learn sign language and sign song and help Jack find his Happily Ever After!

Featuring a mixed cast of deaf and hearing adults, the panto is performed in both British Sign Language and voiced in spoken English.

Book online here: <https://macbirmingham.co.uk/event/jack-the-3-panto-lands> or call Midlands Arts Centre on 0121 446 3232. For further information, contact contact@integreattheatre.org.uk.



LBQ+ Women's Focus Group

Tuesday 14th January, 5pm - 7pm

Friday 24th January, 6pm - 8pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

Our Lesbian & Bi Women's Worker will be holding 2 focus groups to gather community input for the sexual health & wellbeing 'Pocket Guide', created specifically for lesbian, bisexual, queer+ women.

Please contact our Women's Worker, Georgia Pattison, for more information: 0121 643 0821 or georgiapattison@lgbt.org.

Seldom Heard Conversations - Death and Dying Focus Group

Saturday 18th January, 12.00pm - 4pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBTQI+ adult citizens of Birmingham

Birmingham LGBT is once again facilitating an LGBTQI+ half day focus group on behalf of Birmingham City Council, this time to understand the community's attitudes to Death and Dying.

If you are a Birmingham citizen who identifies as a member of the LGBTQI+ community, we have limited places for those interested participate in a structured half day focus group that will feed into and influence public policy and service development across Birmingham around Death and Dying.

Our focus group will explore topics including Premature and avoidable deaths, End of life care and the Impact of death and dying on those left behind and wider community. As a thank you for your contribution we will provide lunch and a voucher to each contributor.

Booking is essential: <https://www.eventbrite.co.uk/e/seldom-heard-conversations-death-and-dying-for-the-lgbtqi-community-tickets-87135016179>



COMMUNITY EVENTS



NEW: I Remember When

Wednesday 15th January, 6.30pm - 8.30pm

Education Centre, Queen Elizabeth Hospital, Mindelsohn Way, Birmingham B15 2TH

FREE for LGBT+ people and allies

I Remember When is a social and creative group, where we would love to hear from LGBT+ people aged 50 and over but is open to everyone. We will be exploring what "I remember when . . ." means to you, looking back over the last 50 years which could include: the Stonewall Riots, the NHS changes in Birmingham or anything else that you would like to explore. We will be looking at creative ways to mark and celebrate these changes which could include: painting, drawing, poetry, photography, sculpting and much more. We will have guest creative speakers discussing different ways see could explore this and be holding an exhibition at the end of the year to celebrate what everyone has created.

The group will meet on the third Wednesday of every month from January until November 2020.

If you want to be involved or want to know more, then please contact inclusion@uhb.nhs.uk or call 0121 371 6572.



Acting Out

Thursdays 16th, 23rd, 30th January, 7pm - 9pm

The Craven Arms, 47 Upper Gough Street, Birmingham B1 1JL

FREE for LGBT people of all ages

Acting Out is an open and diverse theatre and social group, based in Birmingham. We aim to provide the LGBT community and friends with a fun, relevant and interactive theatre experience. The group currently has around 40 full members who take part in all aspects of putting on productions, from writing scripts and directing to technical and performance.

If you would like to join us, but you're nervous about coming to the first meeting, please contact actingoutchair@gmail.com and we will arrange to meet and greet you.



Ageing Better LGBT Housing Group

Friday 24th January, 10.30am - 1pm NEW TIME

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT + allies + housing & care professionals

Ageing Better LGBT Housing Group welcomes members of the LGBT community and professionals from housing and care providers, to discuss the needs of LGBT people and support sensitive and appropriate services. We meet monthly, alternating Birmingham LGBT with other venues.

We will be discussing our plans for the year to come.

Please contact Maria on 0121 643 0821 or mariahughes@blgbt.org if you would like to attend.



ALBA

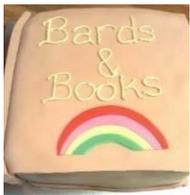
Friday 10th January, 1.30pm - 3.30pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LBT women asylum seekers and refugees

ALBA is a support group for women asylum seekers or refugees. If you are a lesbian, bisexual or transgender woman and have come to the UK to seek asylum, then you will be very welcome to come and join us at our monthly meetings on the second Friday of the month at Birmingham LGBT Centre.

To find out more, contact albalbtwomenbirmingham@gmail.com or visit <https://albalbtwomenbirmingham.wordpress.com/>.



Bards & Books

Monday 6th January, from 11am

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT + allies of all ages

We are a friendly, welcoming group who read and discuss books of interest to the LGBT community. Tea and coffee provided (30p contributions welcome); lunch together afterwards is optional. We meet on the first Monday of the month (second Monday, if the first is a bank holiday).

January's book is: "Rubyfruit Jungle" by Rita Mae Brown.

February's meeting will be reading a collection of poems drawn from previous Bards & Books newsletters.

If you can't make a meeting, join the mailing list and you will be sent a review of the book, based on the group discussion. To find out more, and join the mailing list: bardsandbooks@gmail.com.



BGLAD

Thursdays 9th & 23rd January, 7.30pm - 9pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT + allies of all ages

Birmingham Gays and Lesbians Against Depression is a friendly support and social group for those suffering from depression or other mental illness; all our members understand depression or other conditions like anxiety, OCD or stress. The group cannot offer counselling or individual support but can guide towards options, and is part of the MIND peer support network of groups across the country.

We meet on alternate Thursday evenings (the second and fourth Thursday each month) from 7.30pm to 9pm. To contact BGLAD, phone 0121 301 1284.



Birmingham Lgbtq+ Writers

Saturday 4th January, 1pm - 3pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE to LGBTQIA+ adults

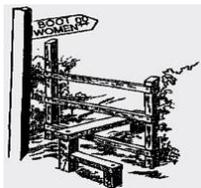
We usually start with introductions and a bit of a discussion, do a writing prompt in the middle, and then end with tea and some optional sharing of work.

All parts are optional, and all levels of experience and genres of writing are welcome, including non-fiction, poetry and drama. This is peer-led so there is no 'teacher' although there will usually be some notes/quotes to jump off from. We're here to learn from each other! Basic refreshments provided, feel free to bring your own snacks.

The Queer Art of the List: It's a listy time of year. Gift lists, food-cooking-time lists, resolutions for next year and taking stock of the last - all these have a story in them somewhere. So, this month we are going to be looking at the queer art of using lists as a vehicle for story. Here's just one example:

<https://litreactor.com/columns/storyville-dissection> Bring some ideas, and a pen...

No need to book. See our Facebook page here: <https://www.facebook.com/blgbtqwriters/> or our Meetup group: <https://www.meetup.com/Birmingham-lgbtq-writers/>.



Boot Women walk: Compton

Sunday 12th January, 11.15am

Oddfellows Pub, Bridgnorth Road, Wolverhampton WV6 8AA

For Lesbians, Bi Women and Women Allies

Boot Women is a walking group for women, primarily lesbians, based in Birmingham and the surrounding areas. We meet on the second Sunday of the month.

The walk will be a short, flat walk of approximately 3 miles length along the Staffordshire & Worcestershire Canal. There will be no stiles but depending on the weather the towpath may be slippery, so please wear appropriate footwear. Meet us in the car park of the Oddfellows Pub in Compton at 11.15am for 11.30am departure.

A fee of £1 is required to cover costs of admin. Additionally, donations for Women's Aid of £1 (or more) are welcome. Remember to bring some lunch/drinks and something to sit on. Well behaved dogs are also welcome.

Any enquiries or just to let us know you're on your way and/or running late, call or text the Boot Women phone: 07754 530 130. For more information, see <http://www.bootwomen.org.uk/> or <https://www.meetup.com/Birmingham-LGBT-Meetup/events/111c1rybccbqb/>



Brum Bi Group

Brum Bi Group

Networking Meetup: Tuesday 14th January, 7pm - 9pm

Bisexuals & Boardgames: Fridays 3rd & 7th January, 6.30pm - 9pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for Bi + allies from 18+

Brum Bi Group is a safe and friendly social and peer support group for people aged 18+ for anybody who fits under the bisexual umbrella, whether they identify or are questioning their sexuality/romantic life.

Brum Bi Group meets once a month on a Tuesday evening from 7.30pm until 9pm, where topics can be discussed events are planned and a general good old chin wag with bisexual pals who can relate. All over a free drink of tea or coffee. At 9pm we head to a local pub in the Birmingham Gay Village for drinks and a social.

You are also welcome to join us for board and tabletop card games at **Bisexuals & Boardgames**, on the first and third Friday of the month. Feel free to bring your own games, use our own games supplied or just simply take part and watch.

Brum Bi Group: Brum Bi Coffee

Sunday 26th January, 12pm - 4pm

Warehouse Café, 54-57 Allison Street, Birmingham B5 5TH

For bisexual people and allies

Need a bit of a break from mainstream life? Come and have a good chat and a brew at Brum Bi Coffee! Brum Bi Coffee meets every fourth Sunday of the month, from 12pm till 4pm. Look out for a small purple unicorn named 'Xena' on one of the tables to find us.

For more details, contact brumbicoffeegroup@gmail.com. We are also on Meetup here: <https://www.meetup.com/Brum-Bi-Group-Meetup/>.



Illuminate

Sundays 5th, 12th, 19th, 26th January, 5pm - 7pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT + allies of all ages

Illuminate is a non-religious space with no formal liturgy, with sacred and secular music playing. We observe silence in a darkened room; a discussion follows, led by a group member or an informal chat in the second half.

It is a space for reflection and inspiration without a particular religious dimension.

You are welcome to just turn up, or contact Loz on lbradley1990@outlook.com for more details.



InteGreat Theatre

Saturday 4th January, 2pm - 5pm

Saturdays 11th & 12th January, 11am - 4pm

Saturday 18th - Monday 20th, all day rehearsal and performances

Custard Factory, Gibb Street, Birmingham B9 4AA

FREE for LGBT + allies of all ages

Come and join us at InteGreat Theatre our Deaf and hearing theatre group. We're looking for new members, no experience needed, to join us to prepare for our Panto.

To apply for membership get in touch by emailing contact@integreattheatre.org.uk OR text/call/ FaceTime 07957 166 364. More details on <http://www.facebook.com/InteGreatTheatre/> and <http://www.integreattheatre.org.uk>.



Journey Asylum Seekers' Group

Friday 17th January, 12.30pm - 4pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT + allies 18+, including asylum seekers

The Journey Asylum Seekers' Group is a support and social group for LGBT asylum seekers and LGBT friends, to be a community mixing across generations and cultures.

We meet on the third Friday of the month.

You are welcome to just turn up, or contact Phil Hoar on 07484 837 773 or philhoar@btinternet.com for more details.



Journey Film Club

Tuesdays 7th & 21st January, 7.30pm / 7pm - 9pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT + allies of all ages

Bringing the Silver Screen to LGBTQ Birmingham and Friends, we show the Classics to New Releases! Journey Film Club aims to show a variety of different types of films to suit all tastes, on first and third Tuesdays of the month.

Doors open for 6.45pm for 7pm start, unless otherwise stated. Admission is free, however donations towards refreshments are welcomed. You are welcome to just turn up, or contact journeyfilmclub@outlook.com or visit <http://www.journeyfilmclub.co.uk> for more details.

7th January: **Billy Elliot** (2000) - Cert 15 - 1hr 46mins - 7pm START

County Durham, during the endless, violent 1984 strike against the Thatcher closure of British coal mines. Widower Jackie Elliot and his firstborn, fellow miner Tony, take a dim view of 11 year-old second son Billy's poor record in boxing class, which worsens when they discover he sneakily transferred to the neighbouring, otherwise girls-only-attended ballet class. Only the prospect of a fancy career unimagined in the pauper quarter may twist pa and big brother's opposition to indispensable support.

21st January: **The Picture of Dorian Gray** (1945) - 1hr 50mins - 7pm START

In 1886, in Victorian London, the corrupt Lord Henry Wotton meets the pure Dorian Gray posing for talented painter Basil Hallward. Basil paints Dorian's portrait and gives the beautiful painting to him while Henry corrupts his mind and soul, telling that Dorian should seek pleasure in life. Dorian wishes that his portrait could age instead of him. Along the years, Dorian's friends age while he is still the same, but his picture discloses his evilness and corrupt life. Can he still have salvation or is his soul trapped in the doomed painting?



LGBT Line Dancing

Thursdays 2nd, 9th, 16th, 23rd, 30th January, 6.30pm - 9pm

Birmingham LGBT, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT+ allies of all ages and abilities

Come along and join us for a fun night of line dancing with other LGBT people and their friends. Absolute beginners very welcome - dances are taught from scratch. We use a range of popular music to dance with (and some country music). No special dress required but wear shoes that don't have a grip. It's good fun, and you don't need a partner!

You are welcome to just turn up, but if you would like more information, please contact Dave on davewaring73@googlemail.com.



OLN

Saturday 25th January, 1pm - 3.30pm

Birmingham LGBT, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LBT women of all ages

Older Lesbian Network meets every fourth Saturday of the month at 1pm at Birmingham LGBT Centre. Each meeting starts with a chat over shared food brought by the women attending and this is followed by a led discussion on a pre-arranged topic. Topics are decided by the group and usually planned about six months ahead.

Sometimes group members with a special interest in a subject present ideas for discussion, other times we invite speakers with specialist knowledge. The group also meets socially from time to time for meals or theatre outings.

New members are always welcome. There is no set age limit; it is up to women who are considering attending to define 'older' as they wish. The focus of the group is, however, to support and value the lives of older lesbians.

Contact olnwestmidlands@gmail.com for more information.



Pool & Karaoke

Friday 17th January, from 8pm

The Fox, 17 Lower Essex Street, Birmingham B5 6SN

For LGBT + allies 18+

Meet at Fox at 8pm, in the pool room your welcome to play pool or just chat and socialise, make new friends.

No need to book but you can RSVP on Meetup: <https://www.meetup.com/Birmingham-LGBT-Meetup/events/267194191/>



Positive West Midlands

Mondays 6th, 13th, 20th, 27th January, 11am - 4pm

Fridays 3rd, 10th, 17th, 24th, 31st January, 11am - 4pm

'Apache', 190 Corporation Street, Birmingham B4 6QD

FREE for LGBT + allies of all ages

Positive West Midlands is a support group for people living with HIV & our supporters & volunteers. Providing social support and sign-posting to other agencies. Come along, make new friends and share experiences over free tea, coffee and biscuits. We meet every Monday and Friday at our own venue in Corporation Street, opposite the Magistrates' Court.

You are welcome to just turn up, contact info@positivewestmidlands.co.uk and also visit <http://www.positivewestmidlands.co.uk> and <https://www.facebook.com/positivewestmidlands> for more details.



PROUD BAGGIES
1968 CLUB

Proud Baggies 1968 Club

The Hawthorns, 9 Birmingham Road, West Bromwich B71 4LF

FREE to 50+ LGBT supporters

Wednesday 1st January, vs Leeds United, kick-off 3pm

Saturday 18th January, vs Stoke City, kick-off 3pm

Proud Baggies, West Bromwich Albion's official Supporter Group for LGBT+ fans has launched a campaign to reach out to the over 50 LGBT+ community and in particular those who, for whatever reason, may have lost touch with their community. There is also the opportunity to participate in additional social events throughout the year.

The 1968 Club is open to anyone over 50 who identifies as LGBT+. You don't need to be a West Brom fan or even a football fan! If you're interested in joining us for a game or want to find out more, please email info@proudbaggies.com or call/text Neil on 07825 110814.

Anyone else, of course, can still join us for games and/or become a member of Proud Baggies by joining online: <https://proudbaggies.com/become-a-member>.



Rainbow Bridge LGBTQ Networking Group

Tuesdays: 7th, 14th, 21st, 28th January, 11am - 1pm

Thursdays: 9th, 16th, 23rd, 30th Jan, 12.30pm - 2.30pm

Birmingham LGBT, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT + allies of all ages (donations welcome)

Rainbow Bridge is holding our regular Tuesday and Thursday Coffee Mornings in the old café space in the Birmingham LGBT Centre as part of the Ageing Better in Birmingham programme. We welcome everyone for refreshments and a chance to meet and chat with other LGBTQAAI attendees.

Our aim is to provide a non-commercial space where for a few hours you can socialise and relax in good company. There is no charge for the refreshments but any donations of snacks you enjoy or cash donations are welcome.

For more information, contact rainbowbridgelgbtq@hotmail.com, join our Facebook group:

<https://www.facebook.com/groups/787474638101615/> or find our events in the Birmingham LGBT Meetup group.



Rainbow Pooch in the Café

Sunday 5th January, 3pm - 5pm

Boston Tea Party, The School Yard, 106 High Street, Harborne, Birmingham B17 9NJ

For LGBTQIA+ dog walkers of all ages

Love Dogs? Have a Dog? Identify as LGBTQIA+? Then come along to one of our dog-friendly events.

At Rainbow Pooch Pride we recognise that canine companionship can make a big difference in the lives of LGBTQIA+ individuals. Whether it is lending a non-judgmental ear in times of need, providing unconditional love and acceptance, or becoming an integral member of our 'alternate' families, these four-legged friends are always there offering their silent support service. Whether it's a walk in the park, or a conversation over coffee and cake, our friendly and informal social events bring the LGBTQIA+ community together through the love of dogs. So join us to say #thankyoudogs

Rainbow Pooch in the Café is on the first Sunday of every month in the upstairs room of Boston Tea Party, Harborne. Meet up for board games, cake, coffee and conversation!

For more information, please contact Gina on hello@rainbowpoochpride.com or message on WhatsApp on 07812 398 361. Website: <http://www.rainbowpoochpride.com>.



Rainbow Pooch in the Park

Sundays 12th & 26th January, 1pm - 4pm

Car Park, Highbury Park, 20 Shutlock Lane, Kings Heath, Birmingham B13 8QE

FREE for LGBTQIA+ dog walkers of all ages

Rainbow Pooch in the Park meets on the second and last Sunday of every month. Join us out in nature for a social dog walk. The first hour is for dogs that prefer to walk on-lead and is followed by an off-lead walk thereafter. Come along to either or join us for both!

Please note: We have to manage the number of dogs at each event so if you're coming be sure to RSVP.

For more information, please contact Gina on hello@rainbowpoochpride.com or message on WhatsApp on 07812 398 361. Website: <http://www.rainbowpoochpride.com>.



Rainbow Spirit

Saturday 18th January, 4pm -7pm PLEASE NOTE CHANGE OF TIMES

Birmingham LGBT, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for gay men of all ages (donations welcome)

Rainbow Spirit is a community of men attracted to men who meet to develop personal empowerment, friendship and support. We aim to do this by exploring our sexuality, deriving strength and support from each other in the face of continued homophobia. We embrace mind, body, and spirit through a diversity of activities, discussions, and sharing of our different experiences.

During our Saturday meeting, as well as our specific activities, we always make time for a chat together over tea and biscuits. We ask for a small donation of £3 during the meeting. This goes towards to our Hardship Fund, which means, for example, that we can give bus fares to the asylum seekers who attend. Occasionally, we arrange additional social events where we might go for a walk, watch a film, visit the theatre or just enjoy a coffee together.

Please feel free to join us from 3pm (usually) on the third Saturday of the month. You will be warmly welcomed.

For more details, contact Jon on 07974 477206, e-mail jonghomer@hotmail.com. We are also on the Meetup website as Rainbow Spirit Bham - celebrating our lives as gay / bi men - mind/body/spirit.



Roll-Out

Thursdays 2nd & 16th January, 6pm - 9pm

Birmingham LGBT, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT+ people of all ages

The most popular table-top role-playing game, Dungeons & Dragons features a vast array of excitement, challenges and fantastically fun role play. Create your character and set off on your adventure, growing and adapting on the fly, and sometimes flying ... cause yeah that's a thing!

Open to all ages, absolutely anyone is welcome to join. You'll need just two things: imagination and a willingness to participate. We meet twice a month on the first and third Thursday.

If you have any questions or enquiries please feel free to email me on crittersfarmboi@gmail.com or send a WhatsApp message to 07835 528 826 with your name. I look forward to seeing you there, sincerely, your Dungeon Master Ben Baker.



Sutton Rainbow Social

Wednesday 15th January, from 7pm

Quinto Lounge, 21-23 Birmingham Road, Sutton Coldfield B72 1QA

For LGBT + allies

We are inviting LGBTQI people from all over Sutton Coldfield - and surrounding areas - to get to know each other in cosy surroundings. Come and find Maria & Richard at the Quinto Lounge, near the back.

Just turn up, or for more info, please contact Maria on 0121 643 0821 or mariahughes@lgbt.org.



Trans Central

Monday 6th January, 6.30pm - 8.30pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for M-to-F trans people and allies

Trans Central is a (MTF), or Male to Female transgendered community support group; that meets in the Birmingham LGBT Centre in the West Midlands on the first Monday of each month at 6.30pm (Tuesday if the Monday is a bank holiday).

The group will aim to provide practical help and peer support to the local Trans community, while also creating the opportunity for individual members to take part in community programmes and events, which will work towards helping improve confidence, increase knowledge, and empowering Trans women, while in a relaxed, comfortable, safe and friendly environment.

You are also welcome to use the changing facilities at Birmingham LGBT Centre.

Contact Bobbi for more details on 07908 319 439.



TranSpectrum

Monday 20th January, 6.30pm - 8.45pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for trans and NB people

TranSpectrum offers a supportive space for all people of non-cis-gendered identities with a Semi-Structured discussion and/or activity at each meeting surrounding gender identity as well as time to chat, network and have some tea. We meet every month on the third Monday.

You can just turn up, or email Lorna on Doctorwhogfm@hotmail.co.uk or text 07910 096 241.



We make every endeavour to ensure this information in this monthly listings is correct and up-to-date.



Ageing Better works with communities to bring people together with fun social activities, and help to make connections for people 50 and over. It is also about encouraging mixing of age groups to share different life experiences.



LGBT community groups can access practical and financial support from the LGBT Hub, at Birmingham LGBT.

If you are currently running an LGBT community group, want to set up a group or simply want to find out more, please contact Maria Hughes on 0121 643 0821 or mariahughes@blgbt.org.

If you would like to receive this information, together with the LGBT Hub Newsletter, every month electronically, please contact Maria.