

Volunteer Role Title: Peer Mentor**Volunteer attributes:**

This role would be best suited to somebody who is/has:

- Interested in the wellbeing of LGBT+ members of the community
- Be self-aware of how they and others relate to their gender or sexual orientation and/or be willing to develop their understanding
- Reliable, supportive, friendly, helpful, and trustworthy
- Good, consistent and clear verbal, written and face to face communication skills
- Basic numeracy, IT and administrative skills with the ability to record information about support given
- Discrete, empathetic and diplomatic
- Ability to keep information confidential

The purpose of the role is to:

- Meet one to one with an individual from the LGBT+ community who has been identified as requiring support or guidance in improving their wellbeing
- When and if appropriate set and adjust goals throughout the process of mentoring
- Complete and email feedback forms after every mentoring session to the peer mentor coordinator in a timely fashion
- Be reflective on own communication style and adjust when required

How long will the role last for? 10-30 face to face mentoring sessions over a period of six months.

How many hours per week/month/year? Five hours per month.

Would the role require specific training? Yes, two full days, one for core training about the organisation and one day for peer mentor training.

Location: Training to take place at Birmingham LGBT Centre and mentoring sessions to take place at recommended venues across Birmingham city centre.

Application process: Email sianfinn@blgbt.org with a paragraph about why you want to volunteer, attend an informal interview, complete an application form, provide two references and complete a DBS check.