



COMMUNITY EVENTS

NOVEMBER 2019

All events listed are supported by Ageing Better in Birmingham LGBT Hub

promoting wellbeing in the LGBT community

Groups are listed in alphabetical order, overleaf.

Monday	Tuesday	Weds	Thursday	Friday	Saturday	Sunday
				1 11am Positive West Midlands 6.30pm Brum Bi Group	2 1pm Birmingham Lgbtq+ Writers 2pm InteGreat Theatre	3 3pm Rainbow Pooch Pride 5pm Illuminate
4 11 Bards & Books 11am Positive West Midlands 6.30pm Trans Central	5 11am Rainbow Bridge <i>7pm SHOUT</i> 7.30pm Journey Film Club	6 7.15pm Birmingham TAMNS <i>7.30pm SHOUT</i>	7 12.30pm Rainbow Bridge 6pm Roll-Out 6.30pm LGBT Line Dancing 7pm Acting Out <i>7.30pm SHOUT</i>	8 11am Positive West Midlands 1.30pm ALBA <i>7.30pm SHOUT</i>	9 11am InteGreat Theatre <i>8pm SHOUT</i>	10 11.30am Boot Women 1pm Rainbow Pooch Pride <i>3.30pm SHOUT</i> 5pm Illuminate
11 11am Positive West Midlands <i>7.30pm SHOUT</i>	12 11am Rainbow Bridge 7.30pm Brum Bi Group <i>8pm SHOUT</i>	13 <i>7.30pm SHOUT</i> <i>8pm SHOUT</i> <i>11pm SHOUT</i>	14 12.30pm Rainbow Bridge 6.30pm LGBT Line Dancing 7pm Acting Out <i>7pm SHOUT</i> 7.30pm BGLAD	15 11am Positive West Midlands 12.30pm Journey Asylum Seekers Group 6.30pm Brum Bi Group <i>8pm SHOUT</i>	16 2pm InteGreat Theatre 3pm Rainbow Spirit <i>7.45pm SHOUT</i>	17 5pm Illuminate <i>12pm SHOUT</i> <i>2pm SHOUT</i> <i>6.30pm SHOUT</i>
18 11am Positive West Midlands 6.30pm TranSpectrum	19 11am Rainbow Bridge 7.30pm Journey Film Club	20 7.15pm Birmingham TAMNS	21 12.30pm Rainbow Bridge 6pm Roll-Out 6.30pm LGBT Line Dancing 7pm Acting Out <i>8pm SHOUT</i>	22 11am Positive West Midlands 1pm Ageing Better LGBT Housing Group <i>8pm SHOUT</i>	23 11am InteGreat Theatre 1pm OLN 3pm Proud Baggies	24 12pm Brum Bi Group 1pm Rainbow Pooch Pride 5pm Illuminate
25 11am Positive West Midlands	26 11am Rainbow Bridge <i>7.15pm Birmingham LGBT AGM</i>	27 8pm Proud Baggies	28 12.30pm Rainbow Bridge 6.30pm LGBT Line Dancing 7pm Acting Out 7.30pm BGLAD	29 11am Positive West Midlands 8pm Pool & Karaoke	30 2pm InteGreat Theatre <i>2pm BGSO</i>	

FEATURED EVENTS



SHOUT Festival Of Queer Art And Culture

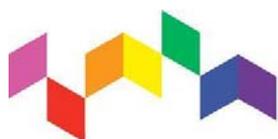
5th - 17th November

Various Venues

SHOUT Festival of Queer Arts and Culture is Birmingham's annual celebration of Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ+) performance, film, and visual arts.

SHOUT, in association with Birmingham Hippodrome, are beyond excited to bring a queer icon, a living legend, and the master of filth, John Waters to Birmingham for the very first time.

Pick up your free brochure (or all six, for the wonderful cover designs) from Birmingham LGBT Centre and the Festival venues, including Birmingham Hippodrome, The Nightingale Club, The Loft Lounge, Birmingham Rep, Old Joint Stock Theatre, Birmingham Museum and Art Gallery, Midlands Arts Centre, The Electric Cinema and BOM (Birmingham Open Media). See website for details and to book: <https://shoutfestival.co.uk/>.



Birmingham **LGBT** Birmingham LGBT ANNUAL GENERAL MEETING

Tuesday 26th November, from 7.15pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

ALL WELCOME

The agenda includes reports from the Board of Trustees, presentations from the new Trans Inclusion Project and elections to the Board.

If you want to find out more, and/ or would like to attend, please contact Cecily on 0121 643 0821 or email cecilystevenson@blgbt.org.



BGSO: Music from the Musicals

Saturday 30th November 2019, doors 2pm/ concert 3pm

St Paul's in the Jewellery Quarter, B3 1QZ

Tickets from £5 to £30 (see website)

Please take your seats as Birmingham's friendliest orchestra perform music from the musicals including favourites from MAMMA MIA! The Sound of Music, Priscilla Queen of the Desert, Hamilton, The Greatest Showman and many more!

See website for tickets prices (including limited early bird discount) and booking details: <https://www.bgso.org.uk/music-from-the-musicals-2019>.

COMMUNITY EVENTS



Acting Out

Thursdays 7th, 14th, 21st, 28th November, 7pm - 9pm

The Craven Arms, 47 Upper Gough Street, Birmingham B1 1JL

FREE for LGBT people of all ages

Acting Out is an open and diverse theatre and social group, based in Birmingham. We aim to provide the LGBT community and friends with a fun, relevant and interactive theatre experience. The group currently has around 40 full members who take part in all aspects of putting on productions, from writing scripts and directing to technical and performance.

If you would like to join us, but you're nervous about coming to the first meeting, please contact actingoutchair@gmail.com and we will arrange to meet and greet you.



Ageing Better LGBT Housing Group

Friday 22nd November, 1pm - 3.30pm

Bournville Village Trust, 350 Bournville Lane, Birmingham B30 1QY

FREE for LGBT + allies + housing & care professionals

Ageing Better LGBT Housing Group welcomes members of the LGBT community and professionals from housing and care providers, to discuss the needs of LGBT people and support sensitive and appropriate services. We meet monthly, alternating Birmingham LGBT with other venues.

This month we are meeting at Bournville Village Trust. You are welcome to come from 12.30pm and bring your lunch; tea and coffee is available.

Please contact Maria on 0121 643 0821 or mariahughes@blgbt.org if you would like to attend.



ALBA

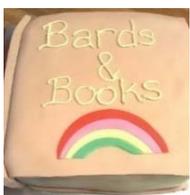
Friday 8th November, 1.30pm - 3.30pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LBT women asylum seekers and refugees

ALBA is a support group for women asylum seekers or refugees. If you are a lesbian, bisexual or transgender woman and have come to the UK to seek asylum, then you will be very welcome to come and join us at our monthly meetings on the second Friday of the month at Birmingham LGBT Centre.

To find out more, contact albalbtwomenbirmingham@gmail.com or visit <https://albalbtwomenbirmingham.wordpress.com/>.



Bards & Books

Monday 4th November, from 11am

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT + allies of all ages

We are a friendly, welcoming group who read and discuss books of interest to the LGBT community. Tea and coffee provided (30p contributions welcome); lunch together afterwards is optional. We meet on the first Monday of the month (second Monday, if the first is a bank holiday).

In November, we will be discussing "Two Boys Kissing" by David Levithan. We will also be considering what materials/ literature should be available for children/ young adults on an LGBT theme and what are the issues around providing such materials.

In December, members can either bring a piece of text that they have written themselves or bring a piece by another writer that has some significance for them. Pieces should be no longer than 500 words and have some (can be very loose) connection to Christmas and LGBT. Please email your choice to Bards & Books (see below) by Friday 29th November so that they can be shared and read prior to the meeting.

If you can't make a meeting, join the mailing list and you will be sent a review of the book, based on the group discussion. To find out more, and join the mailing list: bardsandbooks@gmail.com.



BGLAD

Thursdays 14th & 28th November, 7.30pm - 9pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT + allies of all ages

Birmingham Gays and Lesbians Against Depression is a friendly support and social group for those suffering from depression or other mental illness; all our members understand depression or other conditions like anxiety, OCD or stress. The group cannot offer counselling or individual support but can guide towards options, and is part of the MIND peer support network of groups across the country.

We meet on alternate Thursday evenings (the second and fourth Thursday each month) from 7.30pm to 9pm. To contact BGLAD, phone 0121 301 1284.



Birmingham Lgbtq+ Writers

Saturday 2nd November, 1pm - 3pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE to LGBTQIA+ adults

We usually start with introductions and a bit of a discussion, do a writing prompt in the middle, and then end with tea and some optional sharing of work.

All parts are optional, and all levels of experience and genres of writing are welcome, including non-fiction, poetry and drama. This is peer-led so there is no 'teacher' although there will usually be some notes/quotes to jump off from. We're here to learn from each other! Basic refreshments provided, feel free to bring your own snacks.

November's meeting is a Plot Surgery: Feel free to bring anything you're working on, any plans or plots you want to share, or any tricky plot points you might like feedback on - sometimes talking about it can bring up new ideas.

No need to book. See our Facebook page here: <https://www.facebook.com/blgbtqwriters/> or our Meetup group: <https://www.meetup.com/Birmingham-lgbtq-writers/>.



NEW: Birmingham TAMNS Group

Wednesdays 6th & 20th November, 7.15pm - 9.15pm

The Warehouse (Shaw's Passage entrance), 54-57 Allison Street, Birmingham B5 5TH

For Trans/ neurodiverse adults 18+ (£5 voluntary donation is requested)

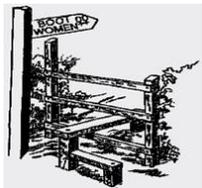
Birmingham TAMNS Group is a musical support group for Trans and Autistic or Neurodiverse adults.

If you'd like to connect with other Trans and Neurodiverse people, do some music making or even some stimming with musical instruments, then TAMNS group is the place for you. The group offers the chance to engage with others in multiple ways in a low pressure environment.

It is open to anyone on the trans and neurodiverse spectrums, and you do not need to be out or to have a diagnosis. This group is 18+ only due to the limited resources available for autistic adults. The venue is fully accessible and has a gender neutral toilet.

Bring your own instruments if you have them, ear defenders and any other sensory aides if you need them. Water will be provided

For more information, email n.rowe2@gmail.com or search Birmingham TAMNS Group on Facebook. This event is here: <https://www.facebook.com/events/474388423417851/>.



Boot Women walk: Sutton Park

Sunday 10th November, 11am

Sutton Park, Park Road, Sutton Coldfield B74 2YT

For Lesbians, Bi Women and Women Allies

Boot Women is a walking group for women, primarily lesbians, based in Birmingham and the surrounding areas. We meet on the second Sunday of the month.

The location for November's Boot Women walk will be Sutton Park in Sutton Coldfield. For anyone who isn't local to North Brum, Sutton Park is a lovely 2400 acre National Nature Reserve. The park has varied terrain and landscape with much heathland and several lakes. Meet at the Town Gate entrance for departure at 11.30 am. This is only 5 minutes walk from Sutton Coldfield railway station and similarly close to Gracechurch Shopping Centre where many buses stop. For satnav users, the postcode is B73 6BU. Please note that there will be no shared lifts from Cannon Hill for this walk.

A fee of £1 is required to cover costs of admin. Additionally, donations for Women's Aid of £1 (or more) are welcome. Remember to bring some lunch/drinks and something to sit on.

Any enquiries or just to let us know you're on your way and/or running late, call or text the Boot Women phone: 07754 530 130. For more information, see <http://www.bootwomen.org.uk/> or <https://www.meetup.com/Birmingham-LGBT-Meetup/events/qsrxqyzmb1b/>.



Brum Bi Group

Networking Meetup: Tuesday 12th November, 7.30pm - 9pm

Bisexuals & Boardgames: Fridays 1st & 15th November, 6.30pm - 9pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for Bi + allies from 18+

Brum Bi Group is a safe and friendly social and peer support group for people aged 18+ for anybody who fits under the bisexual umbrella, whether they identify or are questioning their sexuality/romantic life.

Brum Bi Group meets once a month on a Tuesday evening from 7.30pm until 9pm, where topics can be discussed events are planned and a general good old chin wag with bisexual pals who can relate. All over a free drink of tea or coffee. At 9pm we head to a local pub in the Birmingham Gay Village for drinks and a social.

You are also welcome to join us for board and tabletop card games at **Bisexuals & Boardgames**, on the first and third Friday of the month. Feel free to bring your own games, use our own games supplied or just simply take part and watch.



Brum Bi Group: Brum Bi Coffee

Sunday 24th November, 12pm - 4pm

Warehouse Café, 54-57 Allison Street, Birmingham B5 5TH

For bisexual people and allies

Need a bit of a break from mainstream life? Come and have a good chat and a brew at Brum Bi Coffee! Brum Bi Coffee meets every fourth Sunday of the month, from 12pm till 4pm. Look out for a small purple unicorn named 'Xena' on one of the tables to find us.

For more details, contact brumbicoffeegroup@gmail.com. We are also on Meetup here: <https://www.meetup.com/Brum-Bi-Group-Meetup/>.



Illuminate

Sundays 3rd, 10th, 17th, 24th November, 5pm - 7pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT + allies of all ages

Illuminate is a non-religious space with no formal liturgy, with sacred and secular music playing. We observe silence in a darkened room; a discussion follows, led by a group member or an informal chat in the second half.

It is a space for reflection and inspiration without a particular religious dimension.

You are welcome to just turn up, or contact Loz on lbradley1990@outlook.com for more details.



InteGreat Theatre

Saturdays 2nd, 16th, 30th November, 2pm - 5pm

Saturdays 9th & 23rd November, 11am - 2pm

Custard Factory, Gibb Street, Birmingham B9 4AA

FREE for LGBT + allies of all ages

Come and join us at InteGreat Theatre our Deaf and hearing theatre group. We're looking for new members, no experience needed, to join us to prepare for our Panto.

To apply for membership get in touch by emailing contact@integreattheatre.org.uk OR text/call/ FaceTime 07957 166 364.

More details on <http://www.facebook.com/InteGreatTheatre/> and <http://www.integreattheatre.org.uk>.



Journey Asylum Seekers' Group

Friday 15th November, 12.30pm - 4pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT + allies 18+, including asylum seekers

The Journey Asylum Seekers' Group is a support and social group for LGBT asylum seekers and LGBT friends, to be a community mixing across generations and cultures.

We meet on the third Friday of the month.

You are welcome to just turn up, or contact Phil Hoar on 07484 837 773 or philhoar@btinternet.com for more details.



Journey Film Club

Tuesdays 5th & 19th November, 7.30pm - 9pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT + allies of all ages

Bringing the Silver Screen to LGBTQ Birmingham and Friends, we show the Classics to New Releases! Journey Film Club aims to show a variety of different types of films to suit all tastes, on first and third Tuesdays of the month.

Doors open for 6.45pm for 7pm start, unless otherwise stated. Admission is free, however donations towards refreshments are welcomed. You are welcome to just turn up, or contact journeyfilmclub@outlook.com or visit www.journeyfilmclub.co.uk for more details.

Tuesday 5th November: **Beetlejuice** (1988) - 7.30pm start (1hr 33)

Adam and Barbara are a normal couple . . . who happen to be dead. They have given their precious time to decorate their house and make it their own, but unfortunately a family is moving in, and not quietly. Adam and Barbara try to scare them out, but end up becoming the main attraction to the money making family. They call upon Beetlejuice to help, but Beetlejuice has more in mind than just helping.

Tuesday 19th November: **The Pass** (2016) - 7.30pm start (1hr 28)

Nineteen-year-old Jason and Ade have been in the Academy of a famous London football club since they were eight years old. It's the night before their first-ever game for the first team - a Champions League match - and they're in a hotel room in Romania. They should be sleeping, but they're over-excited. The impact of this 'pass' reverberates through the next ten years of their lives - a decade of fame and failure, secrets and lies, in a sporting world where image is everything.



LGBT Line Dancing

Thursdays 7th, 14th, 21st, 28th November, 6.30pm - 9pm

Birmingham LGBT, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT+ allies of all ages and abilities

Come along and join us for a fun night of line dancing with other LGBT people and their friends. Absolute beginners very welcome - dances are taught from scratch. We use a range of popular music to dance with (and some country music). No special dress required but wear shoes that don't have a grip. It's good fun, and you don't need a partner!

You are welcome to just turn up, but if you would like more information, please contact Dave on davewaring73@googlemail.com.



OLN

Saturday 23rd November, 1pm - 3.30pm

Birmingham LGBT, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LBT women of all ages

Older Lesbian Network meets every fourth Saturday of the month at 1pm at Birmingham LGBT Centre. Each meeting starts with a chat over shared food brought by the women attending and this is followed by a led discussion on a pre-arranged topic. Topics are decided by the group and usually planned about six months ahead. Sometimes group members with a special interest in a subject present ideas for discussion, other times we invite speakers with specialist knowledge. The group also meets socially from time to time for meals or theatre outings.

New members are always welcome. There is no set age limit; it is up to women who are considering attending to define 'older' as they wish. The focus of the group is, however, to support and value the lives of older lesbians.

Contact olnwestmidlands@gmail.com for more information.



Christmas party, killer ball competition and Karaoke

Friday 29th November, from 8pm

The Fox, 17 Lower Essex Street, Birmingham B5 6SN

For LGBT + allies 18+

Come and join us for a great Christmas get together, with a Christmas buffet and a £20 tab behind the bar for the winner of killer pool.

No need to book but you can RSVP on Meetup: <https://www.meetup.com/Birmingham-LGBT-Meetup/events/265617860/>.



Positive West Midlands

Mondays 4th, 11th, 18th 25th November, 11am - 4pm

Fridays 1st, 8th, 15th, 22nd, 29th November, 11am - 4pm

'Apache', 190 Corporation Street, B4 6QD

FREE for LGBT + allies of all ages

Positive West Midlands is a support group for people living with HIV & our supporters & volunteers. Providing social support and sign-posting to other agencies. Come along, make new friends and share experiences over free tea, coffee and biscuits. We meet every Monday and Friday at our own venue in Corporation Street, opposite the Magistrates' Court.

You are welcome to just turn up, contact info@positivewestmidlands.co.uk and also visit <http://www.positivewestmidlands.co.uk> and <https://www.facebook.com/positivewestmidlands> for more details.



Proud Baggies 1968 Club

The Hawthorns, 9 Birmingham Road, West Bromwich B71 4LF

FREE to 50+ LGBT supporters

Saturday 23rd November, kick-off 3pm, vs Sheffield Wednesday

Wednesday 27th November, kick off 8pm, vs Bristol City

Proud Baggies, West Bromwich Albion's official Supporter Group for LGBT+ fans has launched a campaign to reach out to the over 50 LGBT+ community and in particular those who, for whatever reason, may have lost touch with their community. There is also the opportunity to participate in additional social events throughout the year.

The 1968 Club is open to anyone over 50 who identifies as LGBT+. You don't need to be a West Brom fan or even a football fan! If you're interested in joining us for a game or want to find out more, please email info@proudbaggies.com or call/text Neil on 07825 110814.

Anyone else, of course, can still join us for games and/or become a member of Proud Baggies by joining online: <https://proudbaggies.com/become-a-member>.



Rainbow Bridge LGBTQ Networking Group

Tuesday coffee mornings: 5th, 12th, 19th, 26th November, 11am - 1pm

Thursday coffee mornings: 7th, 14th, 21st, 28th November, 12.30pm - 2.30pm

Birmingham LGBT, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT + allies of all ages (donations welcome)

Rainbow Bridge is holding our regular Tuesday and Thursday Coffee Mornings in the old café space in the Birmingham LGBT Centre as part of the Ageing Better in Birmingham programme.

We welcome everyone for refreshments and a chance to meet and chat with other LGBTQAAI attendees. Our aim is to provide a non commercial space where for a few hours you can socialise and relax in good company.

There is no charge for the refreshments but any donations of snacks you enjoy or cash donations are welcome.

For more information, contact rainbowbridgelgbtq@hotmail.com, join our Facebook group: <https://www.facebook.com/groups/787474638101615/> or find our events in the Birmingham LGBT Meetup group.



Rainbow Pooch in the Café

Sunday 3rd November, 3pm - 5pm

Boston Tea Party, The School Yard, 106 High Street, Harborne, Birmingham B17 9NJ

For LGBTQIA+ dog walkers of all ages

Love Dogs? Have a Dog? Identify as LGBTQIA+? Then come along to one of our dog-friendly events.

At Rainbow Pooch Pride we recognise that canine companionship can make a big difference in the lives of LGBTQIA+ individuals. Whether it is lending a non-judgmental ear in times of need, providing unconditional love and acceptance, or becoming an integral member of our 'alternate' families, these four-legged friends are always there offering their silent support service. Whether it's a walk in the park, or a conversation over coffee and cake, our friendly and informal social events bring the LGBTQIA+ community together through the love of dogs. So join us to say **#thankyoudogs**

Rainbow Pooch in the Café is on the first Sunday of every month in the upstairs room of Boston Tea Party, Harborne. Meet up for board games, cake, coffee and conversation!

For more information, please contact Gina on hello@rainbowpoochpride.com or message on WhatsApp on 07812 398 361. Website: <http://www.rainbowpoochpride.com>.



Rainbow Pooch in the Park

Sundays 10th & 24th November, 1pm - 4pm

Car Park, Highbury Park, 20 Shutlock Lane, Kings Heath, Birmingham B13 8QE

FREE for LGBTQIA+ dog walkers of all ages

Rainbow Pooch in the Park meets on the second and last Sunday of every month. Join us out in nature for a social dog walk. The first hour is for dogs that prefer to walk on-lead and is followed by an off-lead walk thereafter. Come along to either or join us for both!

Please note: We have to manage the number of dogs at each event so if you're coming be sure to RSVP.

For more information, please contact Gina on hello@rainbowpoochpride.com or message on WhatsApp on 07812 398 361. Website: <http://www.rainbowpoochpride.com>.



Rainbow Spirit

Saturday 16th November, 3pm -6pm

Birmingham LGBT, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for gay men of all ages (donations welcome)

Rainbow Spirit is a community of men attracted to men who meet to develop personal empowerment, friendship and support. We aim to do this by exploring our sexuality, deriving strength and support from each other in the face of continued homophobia. We embrace mind, body, and spirit through a diversity of activities, discussions, and sharing of our different experiences.

During our Saturday meeting, as well as our specific activities, we always make time for a chat together over tea and biscuits. We ask for a small donation of £3 during the meeting. This goes towards to our Hardship Fund, which means, for example, that we can give bus fares to the asylum seekers who attend. Occasionally, we arrange additional social events where we might go for a walk, watch a film, visit the theatre or just enjoy a coffee together.

Please feel free to join us from 3pm -6pm on the third Saturday of the month. You will be warmly welcomed.

For more details, contact Jon on 07974 477206, e-mail jonghomer@hotmail.com. We are also on the Meetup website as Rainbow Spirit Bham - celebrating our lives as gay / bi men - mind/body/spirit.



Roll-Out: an introduction to role-playing games

Thursdays 7th & 21st November, 6pm - 9pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT+ people of all ages

- ✓ Ever fancied adventuring through sprawling caves filled with monsters and treasures?
- ✓ Thought what it would be like to stare down a dragon and tell it a joke?
- ✓ Well wonder no longer, and join us in a campaign of Dungeons & Dragons.

The most popular table-top role-playing game, Dungeons & Dragons features a vast array of excitement, challenges and fantastically fun role play. Create your character and set off on your adventure, growing and adapting on the fly, and sometimes flying ... cause yeah that's a thing!

Open to all ages, absolutely anyone is welcome to join. You'll need just two things: imagination and a willingness to participate. We meet twice a month on the first and third Thursday.

If you have any questions or enquiries please feel free to email me on crittersfarmboi@gmail.com or send a **WhatsApp** message to **07835 528 826** with your name. I look forward to seeing you there, sincerely, your
Dungeon Master **Ben Baker**.



Sutton Rainbow Social

Date to be confirmed

Quinto Lounge, 21-23 Birmingham Road, Sutton Coldfield B72 1QA

For LGBT + allies

We are inviting LGBTQI people from all over Sutton Coldfield - and surrounding areas - to get to know each other in cosy surroundings. Come and find Maria & Richard at the Quinto Lounge, near the back.

Just turn up, or for more info, please contact Maria on mariahughes@blgbt.org or **0121 643 0821**.



Trans Central

Monday 4th November, 6.30pm - 8.30pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for M-to-F trans people and allies

Trans Central is a (MTF), or Male to Female transgendered community support group; that meets in the Birmingham LGBT Centre in the West Midlands on the first Monday of each month at 6.30pm (Tuesday if the Monday is a bank holiday).

The group will aim to provide practical help and peer support to the local Trans community, while also creating the opportunity for individual members to take part in community programmes and events, which will work towards helping improve confidence, increase knowledge, and empowering Trans women, while in a relaxed, comfortable, safe and friendly environment.

You are also welcome to use the changing facilities at Birmingham LGBT Centre.

Contact **Bobbi** for more details on **07908 319 439**.



TranSpectrum

Monday 18th November, 6.30pm - 8.45pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for trans and NB people

TranSpectrum offers a supportive space for all people of non-cis-gendered identities with a Semi-Structured discussion and/or activity at each meeting surrounding gender identity as well as time to chat, network and have some tea. We meet every month on the third Monday.

You can just turn up, or email Lorna on Doctorwhogfm@hotmail.co.uk or text **07910 096 241**.



Ageing Better works with communities to bring people together with fun social activities, and help to make connections for people 50 and over. It is also about encouraging mixing of age groups to share different life experiences.



LGBT community groups can access practical and financial support from the LGBT Hub, at Birmingham LGBT.

If you are currently running an LGBT community group, want to set up a group or simply want to find out more, please contact Maria Hughes on 0121 643 0821 or mariahughes@blgbt.org.

If you would like to receive this information, together with the LGBT Hub Newsletter, every month electronically, please contact Maria.