



July 2017 Ageing Better LGBT EVENTS

Ageing Better LGBT events are social and support activities which promote wellbeing in the LGBT community.

Ageing Better LGBT events are welcoming for people who are 50 or over, and usually open to people of all ages.

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EXTRA EVENTS

Ageing Well Together: Coming Out - Sexuality, Gender and Identity

Thursday 27th July, from 10am (coach from BMAG, Chamberlain Square, Birmingham B3 3DH)

Walker Art Gallery, William Brown Street, Liverpool L3 8EL

FREE for 50+ LGBT people

<http://www.liverpoolmuseums.org.uk/walker/exhibitions/arts-council-collection/coming-out/index.aspx>

Birmingham Museum & Art Gallery (BMAG) has offered 10 places, for LGBT people who are 50 and over, on a guided tour of the Walker Art Gallery's new exhibition, marking the 50th anniversary of the partial decriminalisation of male homosexuality:

"Coming Out: Sexuality, Gender and Identity" brings together a diverse range of artists who have used their work to explore sexuality and gender identity since 1967, including artists David Hockney, Steve McQueen, LINDER, James Richards and Sarah Lucas among others.

The coach will leave BMAG at 10am, and arriving back in Birmingham at 8.25pm. There will be refreshments on arrival, but lunch is not provided. Contact Maria on 0121 643 0821 or mariahughes@blgbt.org to reserve your place.

Social Media & Marketing Skills for Community Groups

Saturday 22nd July, 10am - 1pm AND Thursday 27th July, 6pm - 8pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for community group organisers

Diving into the world of social media can be overwhelming but it's a free, simple and effective way to promote your organisation. This session offers a crash course in the basics of the big three social media platforms: Facebook, Twitter and Instagram.

The course is for anyone who might wish to upgrade the social media and marketing skills in order to attract more membership & engagement in community groups. It runs over two sessions to enable you to put what you've learned into practice.

For more information and a registration form, please contact eventscoordinator@blgbt.org or ring 0121 643 0821 and ask for Sidney.

Pink Picnic 2017

Sunday 30th July, 1pm - 5pm

Kings Heath Park, Vicarage Road, Kings Heath, Birmingham, B14 7TQ

FREE for LGBT people of all ages + allies

Come and join Birmingham LGBT and Ageing Well Together at the annual Pink Picnic, this year in July to commemorate the 50th anniversary of partial decriminalisation.

This year's Activate theme is 'Schools Sports Day', so expect lots of fun activities from your childhood - egg and spoon race anyone?

Bring your picnics, blankets, foldable chairs, dogs and games to Kings Heath Park and look out for the giant rainbow flag.

We look forward to seeing you there.



Acting Out

Thursdays 6th, 13th, 20th, 27th July, 7pm - 9pm

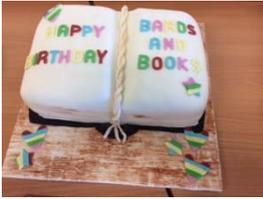
The Wellington Hotel, 72 Bristol St, Birmingham B5 7AH

FREE for LGBT people of all ages

Acting Out is an open and diverse theatre and social group, based in Birmingham. We aim to provide the LGBT community and friends with a fun, relevant and interactive theatre experience.

The group currently has around 40 full members who take part in all aspects of putting on productions, from writing scripts and directing to technical and performance.

If you would like to join us, but you're nervous about coming to the first meeting, please contact actingoutchair@gmail.com and we will arrange to meet and greet you.



Bards & Books

Monday 3rd July, from 11am

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT + allies of all ages

We are a friendly, welcoming group who read and discuss books of interest to the LGBT community. Free tea and coffee provided; lunch together afterwards is optional.

The book for July is: "Instructions for Living Someone Else's Life" by Mil Millington.

The book for August is: "The Well of Loneliness" by Radclyffe Hall

You are welcome to just turn up, or contact bardsandbooks@gmail.com for more details.



Illuminate

Sundays 2nd, 9th, 16th, 23rd, 30th July, 5pm - 7pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT + allies of all ages

Illuminate is a non-religious space with no formal liturgy sacred and secular music playing. Some silence is observed in a darkened room, a discussion follows led by a group member or an informal chat in the second half.

It is a space for reflection and inspiration without a particular religious dimension.

You are welcome to just turn up, or contact Loz on lbradley1990@outlook.com for more details.



Java & Chow: 12th July now at Cherry Red's

88-92 John Bright St, Birmingham B1 1BN

'Java' coffee mornings: Wednesdays 5th, 12th & 19th July, from 11am

Cakes & Ladders, 38-40 Holloway Circus, Birmingham B1 1EQ

'Chow' lunch club: Wednesday 26th July, from 12.30pm

Café Soya, 2 Upper Dean St, Birmingham B5 4SG

For LGBT + allies of all ages

Java & Chow is a friendly, social coffee morning and lunch club group for LGBT people and friends. Come and meet new people in a relaxed and friendly atmosphere.

If you'd like to come to Chow at Café Soya, please let Jeraldene know, so we have an idea of numbers. We will meet you there at 12.30pm or you can meet Paul at Birmingham LGBT Centre at 12pm and walk across together.

You are welcome to just turn up, or contact Jeraldene on java.chow@mail.com or 07720 934 267 for more details.



Journey Church Asylum Seekers Social

Friday 21st July, 1pm - 3pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT + allies of all ages, including asylum seekers

The Journey Church Asylum Seekers Social is a support and social group for LGBT asylum seekers and LGBT friends, to be a community mixing across generations and cultures.

You are welcome to just turn up, or contact Maria Hughes on 0121 643 0821 or mariahughes@lgbt.org for more details.



Journey Film Club

Tuesdays 4th and 18th July, 7pm - 9pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT + allies of all ages

Bringing the Silver Screen to LGBTQ Birmingham and Friends, we show the Classics to New Releases.

Journey Film Club aims to show a variety of different types of films to suit all tastes, on first and third Tuesdays of the month.

You choose what you want to bring along and share, We hold film meetings every so often to agree a future film schedule: what films we are going to watch and when, and who is going to bring the film.

Doors open for 6.45pm for 7pm start.

4th July: Funny Girl (1968)

“Don’t rain on my parade...”

The vibrant and beautiful young Fanny Brice starts out as a bit player on the New York City vaudeville stage, but works her way up to stardom on Broadway.

18th July: Ghost (1990)

Sam Wheat is a banker, Molly Jensen is an artist, and the two are madly in love. However, when Sam is murdered by friend and corrupt business partner Carl Bruner over a shady business deal, he is left to roam the earth as a powerless spirit.

You are welcome to just turn up, or contact journeyfilmclub@outlook.com or visit www.journeyfilmclub.co.uk for more details.



LGBT Polska

Tuesday 25th July, 7pm - 8.30pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for LGBT + allies of all ages, Polish and Polish-speaking

LGBT Polska is a social group of friendly people for Polish LGBT community and Polish speaking friends in West Midlands. Our meetings take place every fourth Tuesday of the month at 7:00 pm till 8:30 pm, followed by recreational drink at the pub. Additionally we meet at the pub - Sidewalk (Hurst Street) - every second Friday at 7:30 pm. Just pop in, find us and relax.

LGBT Polska to otwarta grupa zrzeszająca polską społeczność LGBT oraz mówiących po polsku przyjaciół w West Midlands. Nasze spotkania odbywają się w czwarty wtorek każdego miesiąca o godzinie 19:00 - 20:30, po czym rekreacyjnie wychodzimy na drinka do pubu. Dodatkowo spotykamy się w pubie Sidewalk (Hurst Street) w drugi piątek każdego miesiąca o godzinie 19:30. Po prostu przyjdź, znajdź nas i zrelaksuj się.

**Birmingham
Married
Men's
Group**

Married Men's Group

Mondays 10th and 24th July, 6pm - 8pm

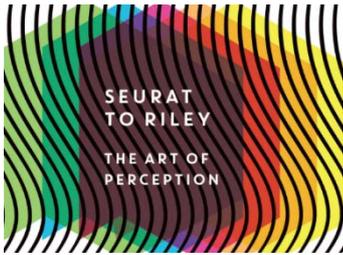
Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for men of all ages

Married Men's Group is for men who are attracted to men, but who are married to or in a relationship with a woman, or who have been previously.

The group welcomes men of all ages from Birmingham and surrounding areas, for mutual support in a welcoming atmosphere, with free tea and coffee.

You are welcome to just turn up, or contact mmgbham@hotmail.com for more details, or visit <http://mmgbham.wix.com/marriedmensgroup>.



OUTward Expressions

Sunday 9th July, from 11am

Compton Verney, Warwickshire CV35 9HZ

FREE (to members)/ admissions from £13.60 for LGBT + allies of all ages

Are you interested in art and or photography? If so, OUTward Expressions maybe of interest to you.

We are a friendly LGBT group of artists, photographers and people who enjoy visit to art galleries. We discuss art and take photos and sketch/ paint at places of mutual interest - a café or pub usually features at our events, so they are social occasions too. It doesn't matter if you are experienced, just starting out or anywhere in between, we are encouraging, helpful and share tips and our experiences - the only thing you need is an interest in the subjects.

Next visit Sunday 9th July: Compton Verney - "Seurat to Riley: The Art of Perception".

<http://www.comptonverney.org.uk/thing-to-do/seurat-riley-art-perception/2017-07-09/>

Meet at the entrance 11am. If you need transport to this event, we should be able to arrange car shares. Please contact Jay on 07983 353 584 or email Paddy at paddy.broughton@btinternet.com

You can join the OUTward Expressions Facebook group and keep up-to-date with meetings and activities, here: <https://www.facebook.com/groups/outwardexpressions/>



Pink Sou'westers: Barbecue & Social

Wednesday 12th July, from 7pm

The Fox, 17 Lower Essex Street, Birmingham B5 6SN

FREE for LGBT + allies of all ages

Pink Sou'westers welcomes you to a free barbecue and social with entertainment from Faye Bagley.

All lesbians, gay men, bi & trans people & their guests are welcome, regardless of age or area of residence.

On your own? Shy? Not been to an event before? Just let us know in advance and we will make sure we meet and greet you, introduce you around and make you feel welcome.

Pink Sou'westers offers a range of affordable, accessible, inclusive, non-scene events and activities open to all LGBTs.

No need to book. If you want to find out more about Pink Sou'westers, call 07976 274 271, email swbgroup@blueyonder.co.uk or find us on Facebook.





Positive West Midlands

Mondays 3rd, 10th, 17th, 24th, 31st July, 2pm - 4pm

Fridays 7th, 14th, 21st, 28th July, 2pm - 4pm

Missing, 48 Bromsgrove Street, Birmingham B5 6NU

FREE for LGBT + allies of all ages

Positive West Midlands is a support group for people living with HIV & our supporters & volunteers. Providing social support and sign-posting to other agencies.

Come along, make new friends and share experiences over free tea, coffee and biscuits.

You are welcome to just turn up, contact info@positivewestmidlands.co.uk and also visit <https://www.facebook.com/positivewestmidlands/> for more details.



Rainbow Spirit

Saturday 15th July, 3pm - 6pm

Birmingham LGBT Centre, 38-40 Holloway Circus, Birmingham B1 1EQ

FREE for gay men of all ages

The spirit of friendship and support - this is what is shared by Rainbow Spirit. We aim to do this by exploring our sexuality, deriving strength and support from each other in the face of continuing homophobia.

The group meets monthly, and offers a variety of activities based broadly on creativity, self-empowerment and mutual support. Our aim is to be inclusive of all ages and ethnic backgrounds, and each meeting offers time to socialise, welcome new members and enable friendships to develop. We are part of the Edward Carpenter Community, a national organisation which promotes the same aims.

For more details, contact Jon on 07974 477206, e-mail jonghomer@hotmail.com. We are also on the Meetup website as Birmingham Rainbow Spirit.



NEW: Rainbow Voices presents "Diversity and Harmony"

Saturday 22nd July, 7pm doors, 7.30pm performance

Hagley Road Village, 330 Hagley Road, Birmingham B17 8BH

£7 (advance)/ £8.50 (on the door), for LGBT of all ages + allies

Your compere: Barbara Nice, star of Channel 4 and Radio 2.

Rainbow Voices is the only West Midlands choir for gay men, lesbians, bisexuals and trans people and their friends. We are an inclusive singing group with members across all ages, who come together to celebrate our diversity in song.



Tickets are available from choir members, or <http://rainbow-voices.bpt.me/>

You can find out more about Rainbow Voices here: <http://www.rainbow-voices.org.uk/>

STOP PRESS . . .

Tom Marshman: Sex, Lies and the Greek Gods

Friday 7th July, 7pm - 8.30pm

Hanbury Hall, School Road, Hanbury, Droitwich Spa, Worcestershire, WR9 7EA

£5

<https://www.nationaltrust.org.uk/events/0fb89a14-4b87-439a-a1b7-624eaf61eea9/pages/details>

Imagine if the Greek Gods had a What's App group; what gossip might we uncover. Performance Artist, Tom has fantasised just that and the outcome is a riot!

Join us for a 30 minute performance followed by an 'audience with' where you can discover the highs and lows in Tom's process of queering the Gods at Hanbury Hall.

Booking is essential: call 0344 249 1895.



Ageing Better is about strengthening networks of people to promote social activity and help to prevent isolation for people 50 and over. It is also about encouraging mixing of age-groups to share different life experiences.

LGBT community groups can access practical and financial support from the LGBT Hub, at Birmingham LGBT.

If you are currently running an LGBT community group, want to set up a group or simply want to find out more, please contact Maria Hughes on 0121 643 0821 or mariahughes@blgbt.org